

CATALOGUE



# Il Biologico Italiano



# BRODO MIO

# TISANE DELL'ORTO

# FILTRI MAGICI

# GUSTO

We specialize in the cultivation and low temperature dehydration of organic vegetable products of Italian origin. The respect for our land and its resources, sustainable transformation, innovation and highest quality raw materials are among our key strengths and have inspired our own brand of all natural, free from & clean label products. AROMY products have no sugar and no salt added, contain no chemical additives, no preservatives, no colouring and no artificial flavours. They are low in calories and suitable for vegans and people with food intolerance.

Scroll through this catalogue to find out more about Brodo mio vegetable broth and our lines Tisane dell'Orto (Vegetable Garden Teas), Filtri Magici (Magic Tea Bags) and Gusto (Taste).



# BRODO MIO

Organic vegetable broth in pyramid bags



Brodo mio is the organic vegetable broth in pyramid tea bags ready in just 10 minutes. It is a healthy, natural, ready-to-cook product. You can sip the broth by itself, plain or with a pinch of salt, or use it in cooking to prepare soups, noodles, rice dishes etc





# BRODO MIO

## Organic vegetable broth

### INGREDIENTS

Only dehydrated vegetables:  
Carrot\*, celery\*, onion\*, leek\*, tomato\*, celeriac\*.  
\*100% organically grown in Italy.



### HOW TO PREPARE IT

Put a pot on the stove with 1 l of water and 1 bag. Cover with a lid and bring to a boil. Once it has boiled for about 10-12 minutes, your broth is ready to serve. Enjoy the broth by itself or use it to prepare soups, noodles, pasta or rice dishes

NO SALT ADDED - NO YEAST- NO GLUTEN - NO GLUTAMATE  
NO CHEMICAL ADDITIVES - NO ARTIFICIAL FLAVOURS

[AROMY RECIPE BOOK](#)

Net weight: 32 g  
8 pyramid bags



# TISANE DELL'ORTO

Organic teas made from fruit & vegetables in pyramid bags



*Original teas made from vegetables and fruit, which can be enjoyed plain, sweetened or with a pinch of salt, and can also be used as broth to cook rice or noodles.*

TISANE DELL'ORTO (Vegetable Garden Teas) is a unique line of teas made exclusively from organic vegetables and fruit dehydrated at low temperature, to preserve vitamins, minerals and the organoleptic properties of fresh produce, such as colour and flavour. COLLECTION is our tasting box.



2021 NEW PRODUCT

# REMEDY ORGANIC SAGE AND LEMON TEA

SAGE and LEMON promote digestion, help burn fat and fight water retention and cellulite.

DIGESTIVE - FAT BURNING

## INGREDIENTS

Lemon\*, sage\*.  
organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold. Sage and lemon tea can also be used as broth to cook rice.



Net weight: 30 g  
10 pyramid bags



May contain traces of **celery**

# COLLECTION ORGANIC FRUIT AND VEGETABLE TEAS

This Collection box contains all the flavours of our line Tisane dell'Orto (Vegetable Garden Teas). In addition to the classic radicchio, carrot and celery teas, this selection includes also our latest creations: Diet (Bell Pepper and Bergamot Tea) and Remedy (Sage and Lemon Tea)

## INGREDIENTS

**BONNE NUIT:** 100% red radicchio\*

**VITAMIN:** tomato\* (75%), hibiscus flowers\* (25%)

**DIGESTIO:** 100% artichoke\*

**SILHOUETTE:** 100% celery\*

**PROTECTION:** 100% carrot\*

**ANTIAGE:** pomegranate seeds\* (75%), hibiscus flowers\* (25%)

**DIET:** bell pepper\*, bergamot\*, lemon\*

**PURITY:** 100% green asparagus\*

**VEG:** carrot\*, celery\*, onion\*, leek\*, tomato\*, celeriac\*

**REMEDY:** lemon,\* sage\*

\*100% organically grown



Net weight: 26.6 g  
10 pyramid bags



# COLLECTION ORGANIC FRUIT AND VEGETABLE TEAS

This Collection box contains all the flavours of our line Tisane dell'Orto (Vegetable Garden Teas). In addition to the classic radicchio, carrot and celery teas, this selection includes also our latest creations: Diet (Bell Pepper and Bergamot Tea), Vitamin (Tomato Tea) and Veg (Vegetable Tea)

## INGREDIENTS

**BONNE NUIT:** 100% red radicchio\*

**VITAMIN:** tomato\* (75%), hibiscus flowers\* (25%)

**DIGESTIO:** 100% artichoke\*

**SILHOUETTE:** 100% celery\*

**PROTECTION:** 100% carrot\*

**ANTIAGE:** pomegranate seeds\* (75%), hibiscus flowers\* (25%)

**DIET:** bell pepper\*, bergamot\*, lemon\*

**PURITY:** 100% green asparagus\*

**VEG:** carrot\*, celery\*, onion\*, leek\*, tomato\*, celeriac\*



Net weight: 27.6 g  
10 pyramid bags



\*100% organically grown

# DIET ORGANIC BELL PEPPER AND BERGAMOT TEA

BELL PEPPER and BERGAMOT help your heart to stay healthy, reduce cholesterol in the blood and are also very rich in vitamin C.

ANTICHOLESTEROL - VITAMINIC

## INGREDIENTS

Bell pepper\*, bergamot\*, lemon\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold.  
Bell pepper and bergamot tea can also be used as broth to cook rice.



Net weight: 34 g  
10 pyramid bags



May contain traces of **celery**

# VITAMIN ORGANIC TOMATO TEA

The TOMATO is the king of vegetables. It is low in calories and very rich in vitamins and antioxidants.

ENERGIZING – VITAMINIC

## INGREDIENTS

Tomato\* (75%), hibiscus flowers\* (25%).  
\*100% organically grown

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold. To make a vegetable consommé just add a pinch of salt. Tomato tea can also be used as broth to prepare rice dishes, soups and noodles.

May contain traces of **celery**



Net weight: 30 g  
10 pyramid bags





# VEG ORGANIC VEGETABLE TEA

A tasty mix of vegetables which are dehydrated at low temperature, so to enhance their nutritional values and organoleptic properties, and rich in invigorating and restorative properties.

**RESTORATIVE – INVIGORATING  
REMINERALIZING**

## INGREDIENTS

Carrot\*, celery\*, onion\*, leek\*, tomato\*, celeriac\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or with a pinch of salt, hot or cold. To make a vegetable consommé just add a pinch of salt. Our vegetable tea can also be used as broth to prepare rice dishes, soups and noodles.



Net Weight: 40 g  
10 pyramid bags



# BONNE NUIT ORGANIC RED RADICCHIO TEA

RADICCHIO is a vegetable very rich in minerals, vitamins and antioxidants, a powerful natural remedy which promotes digestion and helps you sleep.

RELAXING – DIGESTIVE  
ANTIOXIDANT

## INGREDIENTS

100% red radicchio\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold. To make a vegetable consommé just add a pinch of salt. Radicchio tea can also be used as broth to prepare rice dishes, soups and noodles.

May contain traces of **celery**



Net weight: 15 g  
10 pyramid bags



# SILHOUETTE ORGANIC CELERY TEA

CELERY is a plant rich in minerals and vitamins which helps fight water retention and cellulite.

DIURETIC – SLIMMING

## INGREDIENTS

100% celery\*.

\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold.

To make a vegetable consommé just add a pinch of salt. Celery tea can also be used as broth to prepare rice dishes, soups and noodles.



Net weight: 15 g  
10 pyramid bags



# PROTECTION ORGANIC CARROT TEA

The CARROT is very rich in vitamins and minerals, helps protect your skin and eyes, calm sore throats and coughs.

SKIN PROTECTIVE  
SEDATIVE – SOOTHING

## INGREDIENTS

100% carrot\*.

\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold.

To make a vegetable consommé just add a pinch of salt. Carrot tea can also be used as broth to prepare rice dishes, soups and noodles.

May contain traces of **celery**



Net weight: 40 g  
10 pyramid bags



# DIGESTIO ORGANIC ARTICHOKE TEA

The ARTICHOKE is a plant that has amazing digestive properties, helps detoxify the liver and protect against cardiovascular disease.

**DIGESTIVE – DEPURATIVE  
DETOX**

## INGREDIENTS

100% artichoke\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold.

To make a vegetable consommé just add a pinch of salt. Artichoke tea can also be used as broth to prepare rice dishes, soups and noodles.

May contain traces of **celery**



Net weight: 10 g  
10 pyramid bags



# ANTIAGE ORGANIC POMEGRANATE TEA

The POMEGRANATE is very rich in antioxidant properties and health-promoting nutrients. It slows the ageing process and helps reduce water retention and cellulite.

ANTIOXIDANT – ANTICELLULITE

## INGREDIENTS

Pomegranate seeds\* (75%), hibiscus flowers\* (25%).  
\*100% organically grown.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold. Pomegranate tea can also be used as broth to cook rice.

May contain traces of **celery**



Net weight: 37 g  
10 pyramid bags



# PURITY ORGANIC GREEN ASPARAGUS TEA

ASPARAGUS is a powerful antioxidant. It fights free radicals and has diuretic, depurative and slimming properties.

PURIFYING – DIURETIC

## INGREDIENTS

100% green asparagus\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Enjoy plain or sweetened, hot or cold. To make a vegetable consommé just add a pinch of salt. Asparagus tea can also be used as broth to prepare rice dishes, soups and noodles.



Peso netto: 15 g  
10 filtri piramide



May contain traces of **celery**

# FILTRI MAGICI

Organic fruit teas & veggie broths in pyramid bags for kids



*Fruit tea and veggie broth bags which magically release the full flavour of fruit and vegetables and make kids love healthy food.*

FILTRI MAGICI (Magic Tea Bags) is a new line of organic teas and broths we have developed to make kids love healthy food such as fruit and vegetables. Our bags contain exclusively ingredients grown organically in Italy using no herbicides, no pesticides and no synthetic fertilizers. The line FILTRI MAGICI includes the organic fruit teas **Fruttisane** and the vegetable broths **Brodo mio 1** and **Brodo mio 2**, suitable for the preparation of rice, small pasta, creams of cereals or broth based soups.



# FRUTTISANA BIO

## VITALITY

NATURAL AND ORGANIC  
FRUIT & CARROT TEA

*Only natural sugar from fruit*

## INGREDIENTS

Orange\*, carrot\*, lemon\*, apple\*.  
\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Sweeten to taste with honey or sugar. Enjoy hot or cold.

May contain traces of **celery**



Net weight: 32 g  
8 pyramid bags

# FRUTTISANA BIO

## LIGHTNESS

NATURAL AND ORGANIC  
PLUM & ORANGE TEA  
*Only natural sugar from fruit*

## INGREDIENTS

Plum\*, orange\*.

\*100% organically grown in Italy.

## HOW TO PREPARE IT

Add one tea bag to a cup of freshly boiled water and infuse for 5-6 minutes. Sweeten to taste with honey or sugar. Enjoy hot or cold.

May contain traces of **celery**



Net weight: 32 g  
8 pyramid bags

# BRODO MIO 1

## Organic vegetable broth

READY IN 10 MINUTES  
1 pyramid bag = 2 servings

### INGREDIENTS

Carrot\*, courgette\*, Jerusalem artichoke\*.  
\*100% organically grown in Italy.

### HOW TO PREPARE IT



Put a pot on the stove with 700-800 ml of water and 1 Brodo mio bag. Cover with a lid and bring to a boil. Boil for about 10-12 minutes. Serve the broth or use it to prepare cream of cereals or broth based soups.

### AROMY KIDS' RECIPES

May contain traces of **celery**



Net weight: 36 g  
8 pyramid bags

# BRODO MIO 2

## Organic vegetable broth

READY IN 10 MINUTES  
1 pyramid bag = 2 servings

### INGREDIENTS

Carrot\*, celery\*, pumpkin\*, celeriac\*, onion\*, spinach\*.  
\*100% organically grown in Italy.

### HOW TO PREPARE IT



Put a pot on the stove with 700-800 ml of water and 1 Brodo mio bag. Cover with a lid and bring to a boil. Boil for about 10-12 minutes. Serve the broth or cook in it small pasta, rice or other ingredients to taste. As an alternative, open the broth bag, add the vegetables to the broth and puree in blender or processor. Cook in the vegetable puree small pasta, rice, etc.

### AROMY KIDS' RECIPES



Net weight: 24 g  
8 pyramid bags

# GUSTO

Dehydrated vegetables for quick, easy and tasty recipes



*Amazingly versatile, all natural, dried products, for easy, quick recipes and gourmet dishes.*

GUSTO (Taste) is our line of organic dehydrated vegetables for rice, noodles and soups. Healthy and all natural products, containing no preservatives, no colouring and no additives, easy and quick to prepare. You can use our range of ready-to-cook product to prepare easy and quick dishes as well as gourmet dishes, such as risotto, noodles, soups, pureed soups, pasta sauces, veg appetizers, pies, quiches, omelettes etc.



# ORGANIC DEHYDRATED ASPARAGUS

Green asparagus is a tasty spring vegetable used in many recipes, especially risotto and pasta dishes.

## INGREDIENTS

100% green asparagus\*.

\*100% organically grown in Italy.

Ideal for risotto, pasta sauces, lasagna, pureed soups and omelettes.

How to use it: soak in cold water for 10 minutes and drain before cooking.



[VIDEO RECIPE](#)



Net weight: 16 g  
May contain traces of **celery**

# ORGANIC DEHYDRATED COURGETTE

The courgette is one of the most popular and versatile summer vegetables. It is low in calories and highly digestible and can be cooked in many different ways.

## INGREDIENTS

100% dehydrated courgette\*.  
\*100% organically grown in Italy.

Ideal for risotto, appetizers, pureed soups, pasta sauces, omelettes, vegetable pies and quiches.  
How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.



Net weight: 25 g  
May contain traces of **celery**

AROMY RECIPE BOOK

# ORGANIC DEHYDRATED RED RADICCHIO

Red Radicchio is a variety of chicory grown in the Italian region Veneto and one of the most renowned Italian food products. It is highly appreciated in cooking for its pleasantly bitter, full-bodied and aromatic taste.

## INGREDIENTS

100% dehydrated red radicchio\*.

\*100% organically grown in Italy.

Ideal for risotto, barley or spelt risotto, lasagna, pasta sauces, appetizers, pies and jam.  
How to use it: cook without soaking.

[VIDEO RECIPE](#)



Net weight: 10 g  
May contain traces of **celery**



In addition to organic dehydrated red radicchio, the line includes dehydrated Treviso and Chioggia PGI Radicchio (Red Radicchio with Protected Geographical Indication)

# ORGANIC DEHYDRATED LEEK

Leek is a vegetable low in calories and rich in nutrients that you can use to prepare many different recipes.

## INGREDIENTS

100% dehydrated leek\*.

\*100% organically grown in Italy

Ideal for omelettes, soups, sautéed dishes, risotto, pureed soups and broth.

**How to use it:**  
cook without soaking



*Net weight: 20 g*  
May contain traces of **celery**

[AROMY RECIPE BOOK](#)

# ORGANIC DEHYDRATED PUMPKIN

Pumpkin is a delicious winter vegetable that can be used for sweet as well as savoury recipes.

## INGREDIENTS

100% dehydrated pumpkin\*.

\*100% organically grown in Italy.

Ideal for pureed soups, risotto, stuffing for fresh pasta, cookies and pies. After soaking, ideal in salads.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.



[AROMY RECIPE BOOK](#)

*Net weight: 40 g*

May contain traces of **celery**

# ORGANIC DEHYDRATED CELERY

Celery is an aromatic vegetable widely used in cooking and giving off a pleasant aroma when used to prepare soups, broth, meat and fish dishes. It is naturally salty and once dehydrated it is ideal as a seasoning. Dehydrated celery is a healthier alternative to traditional table salt.

## INGREDIENTS

100% dehydrated celery\*.  
\*100% organically grown in Italy.

Ideal for sautéed dishes, pasta sauces, soups, broth/bouillon, risotto and rice dishes.  
How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking



Net weight: 12 g

AROMY RECIPE BOOK

# ORGANIC DEHYDRATED BLACK KALE

Black kale is a tasty winter vegetable grown especially in Tuscany which is very rich in proteins, vitamins and antioxidants.

## INGREDIENTS

100% dehydrated black kale\*.

\*100% organically grown in Italy.

Ideal for pureed soups, omelettes, appetizers, soups and potato pies.

How to use it: cook without soaking.



[VIDEO RECIPE](#)



Net weight: 10 g

May contain traces of **celery**

# ORGANIC DEHYDRATED SAVOY CABBAGE

Savoy cabbage is a typical winter vegetable suitable for preparing warm dishes.

## INGREDIENTS

100% dehydrated Savoy cabbage\*.  
\*100% organically grown in Italy.

Ideal for rice dishes, soups, broth, pureed soups, omelettes, stuffing for fresh pasta and pizzoccheri.  
How to use it: cook without soaking



*Net weight: 20 g*

May contain traces of **celery**

[AROMY RECIPE BOOK](#)

# ORGANIC DEHYDRATED CARROT

The carrot is a vegetable rich in vitamins and minerals and is very appreciated in cooking because of its special sweet salty taste.

## INGREDIENTS

100% dehydrated carrot\*.

\*100% organically grown in Italy.

Ideal for pies, rice and pasta dishes, quiches, soups, sautéed dishes and broth. After soaking, ideal in salads.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.



[VIDEO RECIPE](#)



Net weight: 40 g  
May contain traces of **celery**



# Il Biologico Italiano

SOC. AGR TAFLO S.S. - AROMY®

VIA PEZZE LUNGHE DI SOTTO 11,  
36026 POJANA MAGGIORE (VI)  
ITALY

[WWW.AROMY.IT](http://WWW.AROMY.IT)