



Il Biologico
Italiano

PRODUCT

Catalogue



BRODO MIO

TISANE DELL'ORTO

FILTRI MAGICI

GUSTO

Our company specializes in the cultivation and **low temperature dehydration** of **vegetable products organically grown in Italy**. Sustainable transformation, commitment to free from food and highest quality production standards are among our key strenghts and have inspired our own brand of **plant based, all natural, organic & clean label products**.

AROMY products have no sugar and no salt added, contain no chemical additives, no preservatives, no colouring and no artificial flavours. They are low in calories and suitable for vegans and people with food intolerance.

Scroll through this catalogue to find out more about **Brodo mio** ("My Broth") and our lines **Tisane dell'Orto** ("Vegetable Garden Teas"), **Filtri Magici** ("Magic Tea Bags") and **Gusto** ("Taste").



BRODO MIO

Organic vegetable broth in pyramid bags



Brodo mio (My Broth) is the organic vegetable broth in pyramid tea bags ready in just 10 minutes. It is a healthy, natural, ready-to-cook product. You can sip the broth by itself, plain or with a pinch of salt, or use it in cooking to prepare soups, noodles, rice dishes etc





BRODO MIO

ORGANIC VEGETABLE BROTH

INGREDIENTS

Only dehydrated vegetables:
Carrot*, **celery***, onion*, leek*, tomato*, **celeriac***.
*100% organically grown in Italy.



HOW TO PREPARE IT

Put a pot on the stove with 1 l of water and 1 bag. Cover with a lid and bring to a boil. Once it has boiled for about 10-12 minutes, your broth is ready to serve. Enjoy the broth by itself or use it to prepare soups, noodles, pasta or rice dishes.

NO GLUTEN
NO GLUTAMATE
NO YEAST
NO SALT ADDED
NO CHEMICAL ADDITIVES
NO ARTIFICIAL FLAVOURS

Net weight: 32 g
8 pyramid bags made of biodegradable
bioplastic obtained from corn



[AROMY RECIPE BOOK](#)

TISANE DELL'ORTO

Organic teas made from fruit & vegetables in pyramid bags



Original teas made from vegetables and fruit, which can be enjoyed plain, sweetened or with a pinch of salt, and can also be used as broth to cook rice or noodles.

TISANE DELL'ORTO (Vegetable Garden Teas) is a unique line of teas made exclusively from organic vegetables, fruit and officinal plants dehydrated at low temperature, to preserve vitamins, minerals and the organoleptic properties of fresh produce, such as colour and flavour. COLLECTION is our tasting box.



CURATIVE

ORGANIC CHILLI PEPPER AND ROSEMARY TEA

Thanks to their anti-inflammatory, antioxidant and healing properties, CHILLI PEPPER and ROSEMARY help relieve joint pain.

INGREDIENTS

Rosemary*, bell pepper*, chilli pepper*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold. Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**

NEW PRODUCT



ANTI-INFLAMMATORY
ANTIOXIDANT



Net weight: 22 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn

NEW PRODUCT

MINERAL

ORGANIC CUCUMBER, MINT
AND LEMON TEA

CUCUMBER, MINT and LEMON combine their remineralizing and detoxifying properties to purify the body of toxins and maintain the electrolyte balance.

INGREDIENTS

Cucumber*, lemon*, mint*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes.
Enjoy plain or sweetened, hot or cold.
Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.
You can also use AROMY vegetable teas to cook rice, soups and noodles.



REMINERALIZING
DETOX

Net weight: 21.5 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



May contain traces of **celery**

LADY

ORGANIC LAVENDER, BASIL AND SAGE TEA

A relaxing and balancing natural remedy, it relieves menopause symptoms. LAVENDER has mood-balancing properties and promotes relaxation while BASIL and SAGE help strengthen bones and regulate body temperature.

INGREDIENTS

Lavender*, sage*, basil*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes.

Enjoy plain or sweetened, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.

You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**

NEW PRODUCT



BALANCING
RELAXING



Net weight: 9.5 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



**FAT BURNING
DIGESTIVE**

Net weight: 30 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



REMEDY

ORGANIC SAGE
AND LEMON TEA

SAGE and LEMON promote digestion,
help burn fat and fight
water retention and cellulite.

INGREDIENTS

Lemon*, sage*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes.
Enjoy plain or sweetened, hot or cold.
Cold brewing: pour fresh water into a glass or a
water bottle, add a tea bag and steep for 30+ minutes.
You can also use AROMY vegetable teas to cook rice, soups
and noodles.

May contain traces of **celery**

COLLECTION

ORGANIC VEGETABLE TEAS

This Collection box contains a selection of flavours from our line **Tisane dell'Orto** (Vegetable Garden Teas). In addition to the classic radicchio, carrot and celery teas, this selection includes also some of our most original creations: **Diet** (Bell Pepper and Bergamot Tea), **Vitamin** (Tomato Tea) and **Remedy** (Sage and Lemon Tea).

INGREDIENTS

BONNE NUIT: 100% red radicchio*.

VITAMIN: tomato* (75%), hibiscus flowers* (25%).

DIGESTIO: 100% artichoke* .

SILHOUETTE: 100% **celery***.

PROTECTION: 100% carrot*.

ANTIAGE: pomegranate seeds* (75%), hibiscus flowers* (25%).

DIET: bell pepper*, bergamot*, lemon*.

PURITY: 100% green asparagus*.

VEG: carrot*, **celery***, onion*, leek*, tomato*, **celeriac***.

REMEDY: lemon,* sage*.

*100% organically grown.

HOW TO PREPARE OUR TEAS

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain or sweetened, hot or cold. Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.



Net weight: 26.6 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn





**ANTICHOLESTEROL
VITAMINIC**

Net weight: 34 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



DIET

ORGANIC BELL PEPPER AND BERGAMOT TEA

BELL PEPPER and BERGAMOT help your heart to stay healthy, reduce cholesterol in the blood and are also very rich in vitamin C.

INGREDIENTS

Bell pepper*, bergamot*, lemon*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes.
Enjoy plain or sweetened, hot or cold.
Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.
You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**

VITAMIN

ORGANIC TOMATO TEA

The TOMATO is the king of vegetables. It is low in calories and very rich in vitamins and antioxidants.

INGREDIENTS

Tomato* (75%), hibiscus flowers* (25%).
*100% organically grown.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold. Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**



ANTICHOLESTEROL
VITAMINIC



Net weight: 30 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



VEG

ORGANIC VEGETABLE TEA

A tasty mix of vegetables which are dehydrated at low temperature, so to enhance their nutritional values and organoleptic properties, and rich in invigorating and restorative properties.

INGREDIENTS

Carrot*, **celery***, onion*, leek*, tomato*, **celeriac***.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes.
Enjoy plain or with a pinch of salt, hot or cold.
Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.
You can also use AROMY vegetable teas to cook rice, soups and noodles.

REMINERALIZING
INVIGORATING
RESTORATIVE

Net weight: 40 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



BONNE NUIT

ORGANIC RED RADICCHIO TEA

RED RADICCHIO is a vegetable very rich in minerals, vitamins and antioxidants, a powerful natural remedy which promotes digestion and helps you sleep.

INGREDIENTS

100% red radicchio*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold. Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**



**ANTIOXIDANT
RELAXING
DIGESTIVE**



Net weight: 15 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



SILHOUETTE

ORGANIC CELERY TEA

CELERY is a plant rich in minerals and vitamins which helps fight water retention and cellulite.

INGREDIENTS

100% **celery**.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

**SLIMMING
DIURETIC**

Net weight: 15 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



PROTECTION

ORGANIC CARROT TEA

The CARROT is very rich in vitamins and minerals, helps protect your skin and eyes, calm sore throats and coughs.

INGREDIENTS

100% carrot*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold. Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**



SKIN PROTECTIVE
SOOTHING
SEDATIVE



Net weight: 40 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn

DIGESTIO

ORGANIC ARTICHOKE TEA

The ARTICHOKE is a plant that has amazing digestive properties, helps detoxify the liver and protect against cardiovascular disease.

INGREDIENTS

100% artichoke*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.

You can also use AROMY vegetable teas to cook rice, soups and noodles.



**DEPURATIVE
DIGESTIVE
DETOX**

Net weight: 10 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



May contain traces of **celery**

ANTIAGE

ORGANIC POMEGRANATE TEA

The POMEGRANATE is very rich in antioxidant properties and health-promoting nutrients. It slows the ageing process and helps reduce water retention and cellulite.

INGREDIENTS

Pomegranate seeds* (75%), hibiscus flowers* (25%).
*100% organically grown.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain or sweetened, hot or cold.
Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

May contain traces of **celery**



ANTIOXIDANT
ANTICELLULITE



Net weight: 37 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



PURITY

ORGANIC GREEN ASPARAGUS TEA

ASPARAGUS is a powerful antioxidant. It fights free radicals and has diuretic, depurative and slimming properties.

INGREDIENTS

100% green asparagus*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain, sweetened or with a pinch of salt, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes. You can also use AROMY vegetable teas to cook rice, soups and noodles.

**PURIFYING
DIURETIC**

Net weight: 15 g
10 pyramid bags made of
biodegradable bioplastic obtained
from corn



May contain traces of **celery**

FILTRI MAGICI

Organic fruit teas & veggie broths in pyramid bags for kids



FILTRI MAGICI (Magic Tea Bags) is a new line of organic teas and broths we have developed to make kids love healthy food such as fruit and vegetables. Our bags contain exclusively ingredients grown organically in Italy using no herbicides, no pesticides and no synthetic fertilizers. The line FILTRI MAGICI includes the organic fruit teas **Fruttisane** and the vegetable broths **Brodo mio 1** and **Brodo mio 2**, suitable for the preparation of rice, small pasta, creams of cereals or broth based soups.



FRUTTISANA BIO

VITALITY

NATURAL AND ORGANIC FRUIT &
CARROT TEA

Only natural sugar from fruit

INGREDIENTS

Orange*, carrot*, lemon*, apple*.
*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain or sweetened, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.

May contain traces of **celery**

Net weight: 32 g

8 pyramid bags made of biodegradable bioplastic obtained from corn



FRUTTISANA BIO

LIGHTNESS

NATURAL AND ORGANIC PLUM &
ORANGE TEA

Only natural sugar from fruit

INGREDIENTS

Plum*, orange*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Steep a tea bag in hot water (90-95°C) for 10+ minutes. Enjoy plain or sweetened, hot or cold.

Cold brewing: pour fresh water into a glass or a water bottle, add a tea bag and steep for 30+ minutes.

May contain traces of **celery**

Net weight: 32 g

8 pyramid bags made of biodegradable bioplastic obtained from corn





BRODO MIO 1

ORGANIC VEGETABLE BROTH

READY IN 10 MINUTES
1 pyramid bag= 2 servings

INGREDIENTS

Carrot*, courgette*, Jerusalem artichoke*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Put a pot on the stove with 700-800 ml of water and 1 broth bag. Cover with a lid and bring to a boil. Boil for about 10-12 minutes. Serve the broth or use it to prepare cream of cereals or broth based soups.

AROMY KIDS' RECIPES

May contain traces of **celery**

Net weight: 36 g

8 pyramid bags made of biodegradable bioplastic obtained from corn





BRODO MIO 2

ORGANIC VEGETABLE BROTH

READY IN 10 MINUTES
1 pyramid bag = 2 servings

INGREDIENTS

Carrot*, **celery***, pumpkin*, **celeriac***, onion*, spinach*.

*100% organically grown in Italy.

HOW TO PREPARE IT

Put a pot on the stove with 700-800 ml of water and 1 broth bag. Cover with a lid and bring to a boil. Boil for about 10-12 minutes. Serve the broth or cook in it small pasta, rice or other ingredients to taste. As an alternative, open the broth bag, add the vegetables to the broth and puree in blender or processor. Cook in the vegetable puree small pasta, rice, etc.

AROMY KIDS' RECIPES

Net weight: 24 g

8 pyramid bags made of biodegradable bioplastic obtained from corn



GUSTO

Dehydrated vegetables for quick, easy recipes and gourmet dishes



GUSTO (Taste) is our line of organic dehydrated vegetables for rice, noodles and soups. Our dehydrated vegetables are amazingly versatile, all natural products, containing no preservatives, no colouring and no additives, and are easy and quick to prepare. You can use our range of **ready-to-cook** products to prepare easy and quick dishes as well as gourmet dishes, such as risotto, noodles, soups, pureed soups, pasta sauces, veg appetizers, pies, quiches, omelettes etc.



ORGANIC DEHYDRATED ARUGULA

With its slightly spicy, peppery and pleasantly bitter taste, arugula can be used to spice many recipes. Arugula is a very versatile plant, it is low in calories and rich in active ingredients that promote digestion.

INGREDIENTS

100% dehydrated arugula*.
*100% organically grown in Italy.

Ideal for appetizers, pasta sauces, omelettes, quiches, cheese condiments and also in fresh salads.

How to use it: add directly to the recipe or soak before use in cold water for 5 minutes and then drain.

[AROMY RECIPE BOOK](#)



NEW PRODUCT



Net weight: 7 g
May contain traces of **celery**

ORGANIC DEHYDRATED ASPARAGUS

Green asparagus is a tasty spring vegetable used in many recipes, especially risotto and pasta dishes.

INGREDIENTS

100% green asparagus*.

*100% organically grown in Italy.

Ideal for risotto, pasta sauces, lasagna, pureed soups and omelettes.

How to use it: soak in cold water for 10 minutes and drain before cooking.

[VIDEO RECIPE](#)



Net weight: 16 g
May contain traces of **celery**

ORGANIC DEHYDRATED COURGETTE

The courgette is one of the most popular and versatile summer vegetables. It is low in calories and highly digestible and can be cooked in many different ways.

INGREDIENTS

100% dehydrated courgette*.
*100% organically grown in Italy.

Ideal for risotto, appetizers, pureed soups, pasta sauces, omelettes, vegetable pies and quiches.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.

[AROMY RECIPE BOOK](#)



Net weight: 25 g
May contain traces of **celery**

ORGANIC DEHYDRATED RED RADICCHIO

Red radicchio is a variety of chicory grown in the Italian region Veneto and one of the most renowned Italian food products. It is highly appreciated in cooking for its pleasantly bitter, full-bodied and aromatic taste.

INGREDIENTS

100% dehydrated red radicchio*.

*100% organically grown in Italy.

Ideal for risotto, barley or spelt risotto, lasagna, pasta sauces, appetizers, pies and jam.

How to use it: cook without soaking.

[VIDEO RECIPE](#)



In addition to organic dehydrated red radicchio, the line includes dehydrated Late Treviso and Chioggia PGI Radicchio (Red Radicchio with Protected Geographical Indication)



Net weight: 10 g
May contain traces of **celery**

ORGANIC DEHYDRATED LEEK

Leek is a vegetable low in calories and rich in nutrients that you can use to prepare many different recipes.

INGREDIENTS

100% dehydrated leek*.

*100% organically grown in Italy.

Ideal for omelettes, soups, sautéed dishes, risotto, pureed soups and broth.

How to use it: cook without soaking.

[AROMY RECIPE BOOK](#)



Net weight: 15 g
May contain traces of **celery**

ORGANIC DEHYDRATED PUMPKIN

Pumpkin is a delicious winter vegetable that can be used for sweet as well as savoury recipes.

INGREDIENTS

100% dehydrated pumpkin*.
*100% organically grown in Italy.

Ideal for pureed soups, risotto, stuffing for fresh pasta, cookies and pies. After soaking, ideal in salads.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.

[AROMY RECIPE BOOK](#)



Net weight: 40 g
May contain traces of **celery**

ORGANIC DEHYDRATED CELERY

Celery is an aromatic vegetable widely used in cooking and giving off a pleasant aroma when used to prepare soups, broth, meat and fish dishes. It is naturally salty and once dehydrated it is ideal as a seasoning. Dehydrated celery is a healthier alternative to traditional table salt.

INGREDIENTS

100% dehydrated celery*.

*100% organically grown in Italy.

Ideal for sautéed dishes, pasta sauces, soups, broth/bouillon, risotto and rice dishes.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.

[AROMY RECIPE BOOK](#)



Net weight: 12 g

ORGANIC DEHYDRATED BLACK KALE

Black kale is a tasty winter vegetable grown especially in Tuscany which is very rich in vitamins and antioxidants.

INGREDIENTS

100% dehydrated black kale*.
*100% organically grown in Italy.

Ideal for pureed soups, omelettes, appetizers, soups and potato pies.

How to use it: cook without soaking.

[VIDEO RECIPE](#)



Net weight: 10 g
May contain traces of **celery**

ORGANIC DEHYDRATED CARROT

The carrot is a vegetable rich in vitamins and minerals and is very appreciated in cooking because of its special sweet salty taste.

INGREDIENTS

100% dehydrated carrot*.
*100% organically grown in Italy.

Ideal for pies, rice and pasta dishes, quiches, soups, sautéed dishes and broth. After soaking, ideal in salads.

How to use it: soak in cold water for 10 minutes and then drain, or cook without soaking.

[VIDEO RECIPE](#)



Net weight: 40 g
May contain traces of **celery**

ORGANIC DEHYDRATED SAVOY CABBAGE

Savoy cabbage is a typical winter vegetable suitable for preparing warm dishes.

INGREDIENTS

100% dehydrated Savoy cabbage*.
*100% organically grown in Italy.

Ideal for rice dishes, soups, broth, pureed soups, omelettes, stuffing for fresh pasta and pizzoccheri.

How to use it: cook without soaking.

[AROMY RECIPE BOOK](#)



Net weight: 15 g
May contain traces of **celery**



**Il Biologico
Italiano**

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